

Yoga!



Japhet School's yoga class will be taught by Amy

Anderson, a certified yoga instructor who loves to share her enthusiasm for yoga. Ms. Amy teaches in private, public, and studio settings with specialties in accessible yoga and children's yoga. She co-founded a nonprofit called MotorOm, a mobile yoga studio that provides affordable accessible yoga to people in the Detroit area.

☺ **Spring 2020 6-week program begins Monday, March 16**

☺ **3:30-4:30 PM; \$65 for students in 1st-8th grades; same-age friends and siblings are welcome to register, plus parents!**

☺ **Students bring their own snacks and wear or bring stretchy clothes; may borrow school mats or bring own mats**

Dates: March 16, 23; April 20, 27; May 4, 11

----- Minimum 5; maximum 12 -----

Student name for Yoga: _____ Grade: _____

Parent signature: _____ Date: _____

Check one:

This is a Japhet student, and the school has up-to-date emergency information.

Attached is the Visiting Child Information Form.

Download here: <http://japhetschool.org/wp-content/uploads/2015/07/Visiting-Child-Information-Form-PDF.pdf>

Check one:

I will pick up my child at 4:30 PM.

My child will go to After-school Care at 4:30 PM (closes at 6 PM) and I will be billed for this additional time.

Payment enclosed: \$65 cash check payable to Japhet School charge my credit card on file